



CENTRE FOR AUTISM  
MIDDLETOWN

# My Summer Break Activity Schedule



# My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 3rd June	Tuesday 4th June	Wednesday 5th June	Thursday 6th June	Friday 7th June	Saturday 8th June	Sunday 9th June
Monday 10th June	Tuesday 11th June	Wednesday 12th June	Thursday 13th June	Friday 14th June	Saturday 15th June	Sunday 16th June





# My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June	Saturday 22nd June	Sunday 23rd June
Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June	Friday 28th June	Saturday 29th June	Sunday 30th June



# My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 1st July	Tuesday 2nd July	Wednesday 3rd July	Thursday 4th July	Friday 5th July	Saturday 6th July	Sunday 7th July
Monday 8th July	Tuesday 9th July	Wednesday 10th July	Thursday 11th July	Friday 12th July	Saturday 13th July	Sunday 14th July





# My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 15th July	Tuesday 16th July	Wednesday 17th July	Thursday 18th July	Friday 19th July	Saturday 20th July	Sunday 21st July
Monday 22nd July	Tuesday 23rd July	Wednesday 24th July	Thursday 25th July	Friday 26th July	Saturday 27th July	Sunday 28th July



# My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



**Monday  
29th July**

**Tuesday  
30th July**

**Wednesday  
31st July**

**Thursday  
1st August**

**Friday  
2nd August**

**Saturday  
3rd August**

**Sunday  
4th August**

Blank activity box for Monday 29th July

Blank activity box for Tuesday 30th July

Blank activity box for Wednesday 31st July

Blank activity box for Thursday 1st August

Blank activity box for Friday 2nd August

Blank activity box for Saturday 3rd August

Blank activity box for Sunday 4th August

**Monday  
5th August**

**Tuesday  
6th August**

**Wednesday  
7th August**

**Thursday  
8th August**

**Friday  
9th August**

**Saturday  
10th August**

**Sunday  
11th August**

Blank activity box for Monday 5th August

Blank activity box for Tuesday 6th August

Blank activity box for Wednesday 7th August

Blank activity box for Thursday 8th August

Blank activity box for Friday 9th August

Blank activity box for Saturday 10th August

Blank activity box for Sunday 11th August





# My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



Monday 12th August	Tuesday 13th August	Wednesday 14th August	Thursday 15th August	Friday 16th August	Saturday 17th August	Sunday 18th August
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Monday 19th August	Tuesday 20th August	Wednesday 21st August	Thursday 22nd August	Friday 23rd August	Saturday 24th August	Sunday 25th August
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# My Summer Break Activity Schedule

Choose a fun activity for each day you are off school



**Monday**  
26th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Tuesday**  
27th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Wednesday**  
28th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Thursday**  
29th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Friday**  
30th August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Saturday**  
31st August

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Sunday**  
1st September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Monday**  
2nd September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Tuesday**  
3rd September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Wednesday**  
4th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Thursday**  
5th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Friday**  
6th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.

**Saturday**  
7th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.


**Sunday**  
8th September

A white rounded rectangular box with a brown border and a grey dot in the center, intended for writing an activity.






# My Summer Break Activity Choices


School is **CLOSED** today



School is **OPEN** today



Hunt for bugs



Set up an obstacle course in the garden



Play balloon ball




Empty out all your crayons and markers and sort by colour





Wash dishes and play with water & suds in the sink



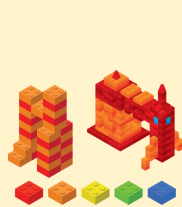
Make marshmallow catapults



Help to water all the plants outside


Build a tent with blankets



Have a Lego building contest




Have a picnic in the back garden




See how high you can stack plastic cups



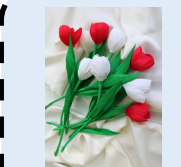
Have an A-Z scavenger hunt and find things that begin with each letter



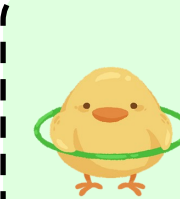
Try out some yoga for kids videos



Make a toy car wash with some water in a bucket and wash your toys



Learn to make flowers out of tissue or crepe paper



Play outside with a hula hoop




Glue seashells onto an old picture frame



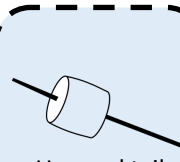
Make your own bubble solution with washing up liquid




Attach ribbons to a wooden stick and dance with it




Use masking tape to create roads on the floor




Use cocktail sticks and mini marshmallows to build sky scrapers




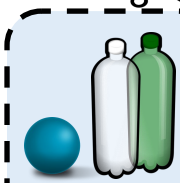
Help to wash the car



Draw chalk outlines in your yard outside



Pick some wildflowers

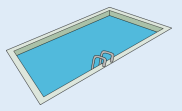
Set up indoor bowling with plastic water bottles and a ball



# My Summer Break Activity Choices




Ice cream treat today




Go to the swimming pool




Make summer postcards



Look for smooth rocks or pebbles and paint them



Practice making shadow puppets



Plant summer flowers



Go for a drive with my family



Help to make dinner



Pizza night




Read a book



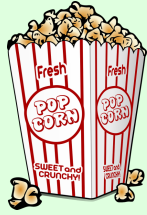
Tablet/iPad



Family movie night




Sing or dance to my favourite music




Make popcorn




Trampoline




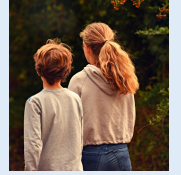
Going to the play park today




Going to the beach today



Tidy my room

Meet up with my cousins



Meet up with my friend



Visit the zoo or animal farm




Bake a cake



Bake buns



Enjoy my favourite drink



Spend time on personal care



Complete a jigsaw puzzle or play a board game





Make a list of things I am thankful for





# My Summer Break Activity Choices


Create your own summer Olympic games



Decorate the house with summer themed decorations



Collect some moss, bark and leaves and make a fairy house




Be kind to someone today



Have my favourite food



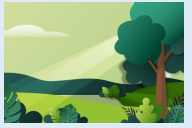
Call or face-time a friend or family member




Draw a picture




Spend time in nature



Visit my local park

Play games with my dog




Find a comfy spot and listen to an audio book



Watch my favourite movie



Write down how I am feeling today




Sit outside in the garden



Make a target board in your driveway and toss wet sponges at it



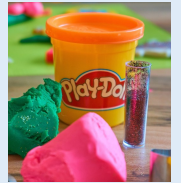
Do some exercise



Draw a giant hop-scotch on the driveway




Ride my bike


Playdoh activity




Aim for 8 hours sleep tonight



Eat some fruit today



Go for a walk



Treat myself to something nice with my pocket money



Organise my bedroom or quiet space



Do 10 minutes meditation or relaxation



Prepare my schoolbag for going back to school



Get my uniform ready for going back to school



